



LGBTQ+ Resources for young people and their parents

Books for youth (non-fiction)

- This Book is Gay by Juno Dawson
- The Letter Q by Sarah Moon and James Leceane
- The ABC's of LGBTQ+ by Ashley Mardell
- Queer: 2nd Edition by Kathy Belge
- LGBTQ: The Survival Guide for Lesbian, Gay, Bisexual, Transgender, and Questioning Teens by Kelly Huegel Madrone
- The Book of Pride: LGBTQ Heroes Who Changed the World by Mason Funk
- Unashamed: A Coming-Out Guide for LGBTQ Christians by Amber Cantorna

Books for youth (fiction)

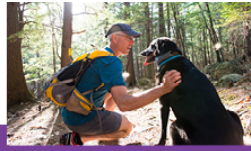
- Cinderella is Dead by Kalynn Bayron
- Date Me, Bryson Keller by Kevin van Whye
- Even If We Break by Marieke Nijkamp
- The Fascinators by Andrew Eliopoulos
- Felix Ever After by Kacen Callendar
- I'll Be the One by Lyla Lee
- Simon vs The Homo Sapiens Agenda by Becky Albertalli

Online resources for LGBTQ+ YOUTH

- **The Trevor Project**— This organization provides crisis support and suicide intervention to LGBTQ+ people under the age of 25. Call the hotline 24/7 at **866-488-7386**; Text “Trevor” to **202-304-1200** Monday-Friday 3pm-10pm EST.

- **Trans Lifeline**— This hotline is staffed by transgender people to support the wellbeing of transgender people. Call **877-565-8860** daily between 11am-5am EST.
- **Trans Families**— This site offers information and resources for the transgender community and their loved ones.
- **GLBT Near Me**— Find local support resources for the LGBT community.
- **LGBT Campus**— Information and resources to support LGBT college students, including a directory of LGBTQ+ support centers.
- **Gay-Straight Alliance (GSA) Network**— This national youth leadership organization connects school-based GSA groups to each other.
- **Campus Pride**— This organization works to empower LGBT college students and campus groups.
- **Campus Pride Index**— Prospective students and families can find LGBTQ-friendly college campuses.
- **LGBT National Help Center**— This site offers hotlines, peer support, moderated chat rooms and community resources for LGBT youth and teens.
- **It Gets Better Project**— The It Gets Better Project provides inspiration to empower and support LGBTQ youth.

This material provides a general overview of the topic. Health information is not a substitute for diagnosis or treatment by a therapist, physician or other health care professional. Contact a health care professional with any questions or concerns about specific health care needs.



- **Q Card Project** — The Q card helps queer and transgender youth communicate with their health care providers.
- **Resources for LGBT youth and friends/supporters** — Includes sections with resources for educators, parents, guardians and family members.
- **Healthy Place** — Gender and GLBT resources and information.

Books for parents

- This is a Book for Parents of Gay Kids by Dannielle Owens-Reid
- Unconditional: A Guide to Loving and Supporting Your LGBTQ Child by Telaina Eriksen
- Embracing the journey: A Christian Parents' Blueprint to Loving Your LGBTQ Child by Greg and Lynn McDonald
- The ABC's of LGBT+ by Ashley Mardell
- Helping Your Transgender Teen by Irwin Krieger

Online resources for parents

- **Parents, Families & Friends of Lesbians & Gays (PFLAG)** — Find your local PFLAG chapter as well as helpful resources and information.
- **Children of Lesbians and Gays Everywhere (COLAGE)** — This is a national group of children of LGBTQ parents.
- **Family Acceptance Project** — This organization offers information to help families support the well-being of their LGBT children, including this helpful guide.

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